



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Girls Circle Pre-Survey

### How often do you do the following things?

Please circle a number per row.

	Never		Sometimes		Very Often
Help make your city or town a better place for people to live.	1	2	3	4	5
Help out at your church, synagogue or other place of worship.	1	2	3	4	5
Help a neighbor.	1	2	3	4	5
Volunteering your time (at a hospital, day care center, food bank, youth program, community service agency).	1	2	3	4	5
Mentoring/peer advising.	1	2	3	4	5
Tutoring	1	2	3	4	5
During the last 12 months, how many times have you been a leader in a group or organization?	1	2	3	4	5
How often do you do the following things? Help out at your school?	1	2	3	4	5



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## Meaning and Purpose

Please respond to each question or statement by circling one number per row.

### Thinking about my life...

	Not at all	A little bit	Somewhat	Quite a bit	Very much
I feel hopeful about my future...	1	2	3	4	5
I can reach my goals in life...	1	2	3	4	5
My life is filled with meaning...	1	2	3	4	5
My life has purpose...	1	2	3	4	5

## Self-Esteem

	Strongly Disagree	Disagree	Agree	Strongly Agree
I am as popular with kids my own age as I want to be.	1	2	3	4
I am as good a student as I would like to be.	1	2	3	4
I am happy about how much my family likes me.	1	2	3	4
Continue on next page	↓	↓	↓	↓



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

	Strongly Disagree	Disagree	Agree	Strongly Agree
I am happy with the way I look.	1	2	3	4
I am as good at sports/physical activities as I want to be.	1	2	3	4
I am happy with the way I can do most things.	1	2	3	4
I am as good as I want to be at making new friends.	1	2	3	4
I am doing as well on school work as I would like to.	1	2	3	4
I am too much trouble to my family.	1	2	3	4
I like my body just the way it is.	1	2	3	4
I wish I was better at sports/physical activities.	1	2	3	4
I sometimes think I am a failure (a loser).	1	2	3	4
I have as many close friends as I would like to have.	1	2	3	4
I am good enough at math.	1	2	3	4



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

	Strongly Disagree	Disagree	Agree	Strongly Agree
I get in trouble too much at home.	1	2	3	4
I feel good about my height and weight.	1	2	3	4
I feel OK about how well I do when I participate in sports/physical activities.	1	2	3	4
I am happy with myself as a person.	1	2	3	4
I am as well liked by other kids as I want to be.	1	2	3	4
I am as good at reading and writing as I want to be.	1	2	3	4
I feel OK about how important I am to my family.	1	2	3	4
I wish I looked a lot different.	1	2	3	4
I am happy about how many different kinds of sports/physical activities I am good at.	1	2	3	4
I am the kind of person I want to be.	1	2	3	4
I feel good about how well I get along with other kids.	1	2	3	4



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

	Strongly Disagree	Disagree	Agree	Strongly Agree
I get grades that are good enough for me.	1	2	3	4
I get along as well as I would like to with my family.	1	2	3	4
I wish it were easier for me to learn new kinds of sports/physical activities.	1	2	3	4
I often feel ashamed of myself.	1	2	3	4
I wish my friends liked me more than they do.	1	2	3	4
I feel OK about how good of a student I am.	1	2	3	4
My family pays enough attention to me.	1	2	3	4
I participate in as many different kinds of sports/physical activities as I want to.	1	2	3	4
I like being just the way I am	1	2	3	4
I feel good about how much my friends like my ideas.	1	2	3	4
I do as well on tests in school as I want to.	1	2	3	4



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	Strongly Disagree	Disagree	Agree	Strongly Agree
I am happy with how much my family loves me.	1	2	3	4
I am as good a person as I want to be.	1	2	3	4
I feel OK about how much other kids like doing things with me.	1	2	3	4
I get too many bad grades on my report cards.	1	2	3	4
I feel good about how much my family cares about my ideas.	1	2	3	4
I wish I had more to be proud of.	1	2	3	4